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Preemies - Second Edition: The Essential Guide For Parents Of Premature Babies



Synopsis

The comprehensive "Dr. Spock"-like reference that is both reassuring and realistic is now updated to reflect the many advances in neonatology. *Preemies, Second Edition* is the only parents' reference resource of its kind, delivering up-to-the-minute information on medical care in a warm, caring, and engaging voice. Authors Dana Wechsler Linden and Emma Trenti Paroli are parents who have "been there." Together with neonatologist Mia Wechsler Doron, they answer the dozens of questions that parents will have at every stage—from high-risk pregnancy through preemie hospitalization, to homecoming and the preschool years—imparting a vast, detailed store of knowledge in clear language that all readers can understand. *Preemies, Second Edition* covers topics related to premature birth, including: What are your risk factors for having a premature baby? Can you do something to delay early labor? What do doctors know about your baby's outlook during her first minutes and days of life? How will your preemie's progress be monitored? How do you cope with a long hospitalization? Are there special preparations for your baby's homecoming? What kind of stimulation during the first year gives your baby the best chance? Will your preemie grow up healthy? Normal?

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Customer Reviews

What a great book! It has answered all the questions my husband and I have had about our premature baby. All the information is practical and straightforward without being negative or intimidating. The book is organized in chronological order, from before birth to bringing your baby home and beyond. It also includes useful resources for parents. We wish the book had been

published when our preemie was born, but we're still finding it an invaluable resource today.

I can't say enough about this book! What a help it has been for keeping my sanity and getting me through one of the most difficult times in my life. I was admitted to the hospital with premature labor at 20 weeks into my pregnancy. I stayed there for 3 months before delivering our son at the gestational age of 32 weeks, 4 days. Not knowing when I was actually going to deliver, this book explained everything one should expect at all stages of a pre-term delivery, beginning from 26 weeks through 34+ weeks. It covers reasons for premature labor and delivery, surgeries and drugs administered for premature labor, surviving bedrest/hospitalization, delivery, EVERYTHING to expect in a NICU, the differences between pre-term and full-term babies, bringing your preemie home, and their development during the childhood years. Although I was not having twins, etc. myself, the book also includes a lot of great information on multiples. After reading and understanding the types of monitors and machinery my baby may have needed at each stage, I felt much better knowing WHY these things were attached to our son when he was born. My husband and I also took a tour of the NICU at our hospital (which I highly recommend!) so that it was much less of a shock when we found ourselves there after delivery. This book was right on the money, and we got to see everything they talked about hands-on. This is an excellent book to help anyone conquer the fears, worries and misconceptions of having a premature infant (and it also comes highly recommended from the nurses and neonatologists of our NICU as well!)

Even though I was an ICU nurse (adult) I was not prepared for the world I entered after my daughter was born at 26 weeks. When my daughter's medical conditions were explained to me the nurse in me wanted to know more so I searched the internet for help. Explanations were difficult to find and overly clinical or overly simplified. The mommy side needed reassurance and straight forward explanations. I purchased 2 books and found this one to be superior. The doctor's perspective and the parent's perspective are both given for each stage/situation as it arises. Up to date statistics and medical explanations are given with a clear, but caring demeanor. The question answer format was great! And major medical conditions are spotlighted which makes comprehending easy. I wish I had purchased this book sooner during the hospital stay. There is some information on the home stage, but not a lot. It may be better to purchase another book for that stage. I highly recommend this book and at \$2200 a day the hospitals should be able to afford giving one to each preemie's parents in the NICU!

If, like us, you deal with the unbelievable stress of the NICU by learning as much as you can about premature babies, this book is priceless. During the 14 weeks that our son (born at 30 weeks) was in intensive care, we referred to this book numerous times and the social workers recommended it by name. It covers all of the major problems you and your baby are likely to encounter in a clear, straightforward way that's easy to understand. When you can't quite remember what the doctor said about a certain condition, it's also a great reference. If you have to have a preemie in the hospital, I'd say you have to have this book. Now that our little boy is at home, we're still using it and I suspect we'll keep reading sections and recommending it to others for years to come. I also like the *Preemie Parents' Companion*.

We bought four books on preemies when my membranes ruptured prematurely. This and one other (by Garcia-Prats and Hornfischer) were by far the most helpful. I have consulted it again and again.

Bought this after I was put on hospital bed rest at 28 weeks. We knew we would have a preemie, but just weren't sure how early our daughter would be born. This book answered a lot of questions for me before I gave birth. It gave me more of an understanding to what we would experience. After I asked the NICU nurses over and over about Bradys, I finally understood them by reading this book. Thankfully I read the advice in the book, don't read this book front to back. Look at it as a resource to read as things come up. There were a lot of things in this book that thankfully we never had to deal with.

When my son was born at 30 weeks I didn't know where to turn or what the doctors were talking about. My sister-in-law gave me this book and it helped me immensely. A must have for all new preemie parents.

As the introduction states, this book is not meant to read from cover to cover and I think that's a really important thing to remember. My son was born at 31 weeks and it was very tempting to just sit down and read about anything that could go wrong but I decided to stick to the advice and just reference it before doctor's appointments or when I have a question and in that sense, it has been very helpful.

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